

Public Health Bulletin

Department of Health and Human Services

Volume 2, Issue 2

Data for February 1999

The mission of the City of Long Beach Department of Health and Human Services is to improve the quality of life of the citizens of Long Beach by addressing the public health and human service needs ensuring that the conditions affecting the public's health afford a healthy environment in which to live, work and play.

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Senior Links to Independent Living

The City of Long Beach Department of Health and Human Services (Health Department) is pleased to announce the beginning of a two-year pilot project entitled Senior Links to Independent Living which has been funded by a grant from the Archstone Foundation. The purpose of the project is to maximize the ability of atrisk Long Beach seniors to maintain independent living in a safe and healthy environment.

Each year, the Health Department's Nursing Division receives many calls to visit and evaluate elderly persons who are reported to be living in unsanitary and unsafe conditions. The calls come from concerned neighbors, relatives, landlords, churches, and community organizations, as well as from other Health Department programs. Often the Public Health Nurse who responds will find an isolated senior with health problems that prevent them from carrying out their activities of daily living, such as cooking, shopping or visiting the doctor. In addition, there may be financial or psychological problems which

overwhelm the senior and a crisis state has developed which might have been prevented if support had been available sooner.

Senior Links to Independent Living seeks to provide this support through three components. The program will be implemented in phases by a multi-disciplinary team including a Public Health Nurse, a Senior Community Worker, and a Social Worker.

The initial phase involves the establishment of a help line to accept calls from concerned individuals who request information and/or assistance for a senior. A rapid assessment will be completed and an intervention initiated, including providing appropriate referrals and information. Individuals will also be able to access a resource directory with information about Long Beach and Los Angeles County agencies through the Health Department's internet site.

The second phase of the program involves a community awareness campaign. Community presentations

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Communicable Disease Report

Selected Reportable Diseases for the City of Long Beach

| Disease | Feb. 1999 | Feb. 1998 | YTD 1999 | YTD 1998 |
|----------------------------------|--------------|--------------|-------------|-------------|
| AIDS | 15 | 14 | 30 | 29 |
| AMEBIASIS | 1 | 0 | 1 | 2 |
| CAMPYLOBACTERIOSIS | 6 | 6 | 7 | 10 |
| CHLAMYDIAL INFECTIONS | 160 | 98 | 260 | 234 |
| GIARDIASIS | 4 | 3 | 8 | 5 |
| GONORRHEA | 43 | 30 | 78 | 73 |
| H. INFLUENZAE | 0 | 0 | 0 | 3 |
| HEPATITIS A | 2 | 4 | 11 | 8 |
| HEPATITIS B, acute | 1 | 3 | 1 | 3 |
| HEPATITIS C, acute | 0 | 0 | 0 | 0 |
| MEASLES | 1 | 0 | 1 | 0 |
| MENINGITIS, viral (aseptic) | 3 | 5 | 4 | 6 |
| MENINGOCOCCAL INFECTIONS | 0 | 0 | 0 | 0 |
| NON-GONOCOCCAL URETHRITIS (NGU) | 10 | 36 | 27 | 48 |
| PERTUSSIS | 2 | 0 | 2 | 0 |
| RUBELLA | 0 | 0 | 0 | 0 |
| SALMONELLOSIS | 12 | 1 | 26 | 2 |
| SHIGELLOSIS | 2 | 2 | 5 | 11 |
| SYPHILIS, primary and secondary | 0 | 0 | 0 | 0 |
| SYPHILIS, early latent (<1 year) | 2 | 0 | 3 | 0 |
| TUBERCULOSIS | 7 | 6 | 9 | 9 |



National Public Health Week April 5 – 11, 1999

World Health Day April 7, 1999 "Healthy Aging, Healthy Living – Start Now!"

Paws in the Park Pet Adoption Sunday, April 11, 1999 12:00 – 3:30 p.m. El Dorado Park – West 2800 Studebaker Road Long Beach

National Laboratory Week April 11 – 16, 1999

Children's Health Fair Saturday, April 24, 1999 9:00 a.m. – 1:00 p.m. Long Beach Health Dept. 2525 Grand Avenue Long Beach

National Teen Pregnancy Prevention Month May 1999

Senior Links to Independent Living (continued from page 1)

will be conducted by the professional staff using culturally sensitive and language appropriate educational materials. Senior Links program materials will be available in three languages: English, Spanish, and Khmer. Target groups and community agencies most likely to encounter at-risk elderly will receive information including how to identify a senior who is in need of services, how to access the senior support line, and what is an appropriate referral to the Senior Links Program.

The final component of the program provides professional crisis intervention based on the public

health nursing model. Temporary case management to stabilize the senior will be offered and if long term intervention is needed, referrals will be made to local agencies providing those services. Data will be collected to document outcomes of the program and program materials will be available for consideration by other agencies and communities at the completion of the two-year pilot project.

For additional information or to include your agency in the resource directory, please call the Senior Links to Independent Living help line at (562) 570-3555.

Health Department Phone Numbers

General Information (562) 570-4000 www.ci.long-beach.ca.us/health

Alcohol/Drug Rehabilitation (562) 570-4100

Animal Control Shelter (562) 570-7387

Early Intervention Program/ HIV Testing/STD Clinic (562) 570-4315

Environmental Health (562) 570-4132

Immunizations/Walk-In Clinic (562) 570-4222

Prenatal Clinic (562) 570-4217

Senior Center (562) 570-3531

Tobacco Education Program (562) 570-8508

WIC Program (562) 570-4242

The Public Health Bulletin is

published as a public health service to interested City of Long Beach residents by the Department of Health and Human Services 2525 Grand Avenue Long Beach, CA 90815 (562) 570-4000 www.ci.long-beach.ca.us/health

To be added or removed from the mailing list, please contact Meredith Delaney at (562) 570-4298 or email medelan@ci.long-beach.ca.us.

This information is available in an alternative format.

Data contained in this publication are considered provisional due to reporting delays.

AIDS Surveillance Program Data

City of Long Beach Data as of February 28, 1999

| 3,479 Total Long Beach City AIDS Cases | (2,130 deceased - 61% Mortality Rate) |
|--|---------------------------------------|
| 3,470 Adult Cases | (2,125 deceased - 61% Mortality Rate) |
| 9 Pediatric Cases | (5 deceased - 56% Mortality Rate) |

| | AIDS Cases by Gender | |
|--------|----------------------|----|
| | # | % |
| Male | 3,293 | 95 |
| Female | 186 | 5 |

| | AIDS Cases by Race/Ethnicity | , |
|-------------------------|------------------------------|----|
| | # | % |
| White, Not Hispanic | 2,249 | 65 |
| Black, Not Hispanic | 575 | 17 |
| Hispanic | 586 | 17 |
| Asian/Pacific Islander | 54 | 2 |
| American Indian/Alaskan | 8 | <1 |
| Unknown | 7 | <1 |

| AIDS Cases by Exposure Category | | |
|---|-------|----|
| | # | % |
| Male-to-Male Contact | 2,672 | 77 |
| Intravenous Drug Use | 297 | 9 |
| Male-to Male Contact and Intravenous Drug Use | 280 | 8 |
| Heterosexual Contact | 120 | 3 |
| Recipient of Blood/Blood Products Transfusion | 25 | <1 |
| Hemophilia/Coagulation Disorder | 12 | <1 |
| Mother at Risk (Perinatal Exposure) | 8 | <1 |
| Risk Not Reported/Other | 65 | 2 |



HIV/AIDS Information

California AIDS Multilingual Hotline 800-922-AIDS

CDC National HIV/AIDS Hotline 800-243-7889

The City of Long Beach AIDS Surveillance Program also publishes an HIV/AIDS Monitoring Report that contains additional data about AIDS in Long Beach. For more information, call (562) 570-4298.





City of Long Beach Department of Health and Human Services 2525 Grand Avenue, Room 201 Long Beach, CA 90815

Public Health Bulletin

Attention Health Care Providers

The California Code of Regulations, Title 17, Section 2500, requires the report of communicable diseases and conditions. To report a case of a communicable disease, contact the City of Long Beach Department of Health and Human Services Epidemiology Program at 562-570-4302 or by fax at 562-570-4374.

| Reportable Communicable |
|-----------------------------------|
| <u>Diseases</u> |
| AIDS |
| Amebiasis ∑⊠FAX |
| Anisakiasis 🗷 🖂 FAX |
| Anthrax 🕿 |
| Babesiosis ∑ ⊠FAX |
| Botulism 🕿 |
| Brucellosis |
| Campylobacteriosis ∑ ⊠FAX |
| Chancroid |
| Chlamydial Infections |
| Cholera 🕿 |
| Ciguatera Fish Poisoning 🕿 |
| Coccidioidomycosis |
| Colorado Tick Fever ∑ ⊠FAX |
| Conjunctivitis, Acute Infectiou |
| of the Newborn 🗷 🖂 FAX |
| Cryptosporidiosis 🗷 🖂 FAX |

| Reportable Communicable | Cysticercosis | | Leprosy |
|--|-------------------------------|--------------------------------|--------------|
| <u>Diseases</u> | Dengue 🕿 | | Leptospi |
| AIDS | Diarrhea of the Newl | orn 🕿 | Listerios |
| Amebiasis ∑⊠FAX | (Outbreaks) | | Lyme Dis |
| Anisakiasis 🗷 🗵 🗷 🗸 | Diphtheria 🕿 | | Lymphocy |
| Anthrax € | Domoic Acid Poisonii | ng 🕿 | J⊠FAX |
| Babesiosis ∑ ⊠FAX | Echinococcosis | | Malaria [|
| Botulism ≘ | Ehrlichiosis | | Measles |
| Brucellosis | Encephalitis ∑ ⊠FAX | | Meningit |
| Campylobacteriosis ∑⊠FAX | Escherichia coli 015 | 7:H7 🕿 | Meningo |
| Chancroid | Foodborne Disease 2 | ⊠FAX † | Mumps |
| Chlamydial Infections | Giardiasis | | Non-Gon |
| Cholera ≘ | Gonococcal Infection | S | Paralytic |
| Ciguatera Fish Poisoning 🕿 | Haemophilus Influenza | ae ⊅⊠fax | Pelvic Inf |
| Coccidioidomycosis | Hantavirus Infections | S 🖀 | Pertussis (\ |
| Colorado Tick Fever 🏿 🖂 FAX | Hemolytic Uremic Sy | ndrome 🕿 | Plague, I |
| Conjunctivitis, Acute Infectious | Hepatitis, Viral ∑ ⊠FA | X | Poliomye |
| of the Newborn D⊠FAX | Kawasaki Syndrome | | Psittacos |
| Cryptosporidiosis ∑ ⊠FAX | Legionellosis | | Q Fever |
| SFAX = Report by FAX, telephone, or mail | within one (1) working day | † = Report im suspected cas | |

| | . , | |
|------------------|--|-----------|
| | Leptospirosis | Relaps |
| born 🕿 | Listeriosis DIMFAX | Reye S |
| | Lyme Disease | Rheum |
| | Lymphocytic Choriomeningitis | Rocky |
| ng 🕿 | J ⊵FAX | Rubella |
| | Malaria J ⊠FAX | Rubella |
| | Measles ∑ ⊠FAX | Salmor |
| | Meningitis 🗷 🖂 FAX | Scomb |
| 7:H7 🕿 | Meningococcal Infections € | Shigell |
| D⊠FAX † | Mumps | Strepto |
| | Non-Gonococcal Urethritis | (Outbreak |
| S | Paralytic Shellfish Poisoning | in Food H |
| ae J ⊠FAX | Pelvic Inflammatory Disease | Swimm |
| Sa | Pertussis (Whooping Cough) DIMFAX | Syphili |
| ndrome 🕿 | Plague, Human or Animal € | Tetanu |
| Х | Poliomyelitis, Paralytic Defax | Toxic S |
| | Psittacosis 2⊠FAX | Toxopl |
| | Q Fever ☑⊠FAX | Trichin |
| suspected case | mediately by telephone when two (2) or more es of foodborne disease from separate house have the same source of illness. | |
| | | |

| Rabies, Human or Animal 🕿 |
|---|
| Relapsing Fever DIMFAX |
| Reye Syndrome |
| Rheumatic Fever, Acute |
| Rocky Mountain Spotted Fever |
| Rubella |
| Rubella Syndrome, Congenital |
| Salmonellosis DIMFAX |
| Scombroid Fish Poisoning |
| Shigellosis 🗷 🖂 FAX |
| Streptococcal Infections Defax |
| (Outbreaks of Any Type and Individual Cases |
| in Food Handlers and Dairy Workers Only) |
| Swimmer's Itch ☑⊠FAX |
| Syphilis 🗷 🖂 FAX |
| Tetanus |
| Toxic Shock Syndrome |
| Toxoplasmosis |
| Trichinosis DEFAX |
| e cases or = Report immediately b |

Tuberculosis **∑**⊠FAX Tularemia Typhoid Fever ☑ SFAX (Cases and Carriers) Typhus Fever Vibrio Infections DIMFAX Viral Hemorrhagic Fevers a Water-associated Disease 🗷 🖂 FAX Yellow Fever a Yersiniosis **∑**⊠FAX OCCURRENCE of ANY UNUSUAL DISEASE OUTBREAKS of ANY DISEASE @ Reportable Noncommunicable Diseases/Conditions Alzheimer's Disease Cancer Disorders Characterized by Lapses of Consciousness by telephone

All other diseases/conditions should be reported by FAX, telephone, or mail within seven (7) calendar days of identification.